





This activity reminds us to see the beauty and detail in a single "mental picture" (or snapshot!) of nature

Materials: puzzle piece print out, colouring supplies

Directions:



Look outside your window, or go for a walk, and find something in nature that you want to take a "mental picture" of.



Once you have found your "picture", make sure you note everything in it! What plants are there? Any animals? What is in the background? To take your mental picture, close one eye and say "click!"



Once you have had a good look at the spot you chose, and have taken your mental picture, draw exactly what you saw onto the attached puzzle piece.
Once you are done, cut out your puzzle piece.



Repeat this activity as often as you like with different mental pictures!



What is a mental picture?

A mental picture is when you have a clear and detailed image in your mind of something you have seen or thought of



Parent Tip:

Have your child create multiple puzzle pieces of different mental pictures! Put the pieces together to display on a wall in your home to create a Nature Snapshot Mural!

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