Looking for fun ways to play with your dog? Try dog agility, an obstacle race course for dogs! People train their dogs to perform a number of tasks including weaving through poles, going through tunnels, walking up teeter-totters and jumping over bars.

Agility requires some patient training. Follow these steps to train your dog to jump a bar:

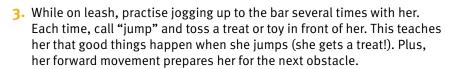
- **1.** Start with your dog on a leash facing a very low bar about 10 cm high.
- 2. Lead your dog over the bar using the "jump" command. As she

crosses, toss a treat in front of her as a reward.

WHAT YOU NEED:

- A bar, such as a broom handle
- Some blocks to adjust the bar height
- Treats or your dog's favourite toy





- **4.** Once she gets it with the leash, try to do the same steps without the leash.
- 5. Increase the height by a small amount. Continue to practise before raising the bar. You could also set up another jump a few metres ahead and have her jump twice.

Don't be frustrated if she isn't a "jumper" or loses interest. Dogs also like short training sessions

 10 to 15 minutes is about right. Keep practice sessions fun and soon she will look forward to learning the next agility obstacle.



